

# Crier

Community And Seniors Together Learning Environment

## Winter Term 2019

**LEARNING FOR THE JOY OF LEARNING**

507.354.3212 600 N GERMAN, NEW ULM MN 56073

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**ALL COURSES & EVENTS ARE OPEN TO ALL MEMBERS**

### American Swedish Institute Trip

at 8:30 am, January 8 carpool from the Community Center parking lot, 600 N German Street. to this museum of culture, migration, the environment and the arts, informed by enduring links to Sweden and decorated for the Christmas Season. The 'Handmade Holiday' exhibit showcases the unique traditions and the special place of all things handmade in Nordic culture. Experience the joy of the holidays through objects, decorations and stories that fill each room, illustrating customs that are cherished across Sweden, Norway, Denmark, Iceland and Finland, and this year's special guests from the Czech American community.

We will carpool from the Community Center parking lot at 8:30 am. Phone 507-354-3212 to reserve your spot. Drivers needed. Tickets are \$15.00 each.

### Climatology with Kenneth Blumenfeld

January 10 at 1:30 pm at the DNR Headquarters, just south of town on Hwy 15. Dr. Kenneth ("Kenny") Blumenfeld is a Minnesota DNR climatologist who provides state agencies, communities, and citizens with up-to-date and scientifically accurate information about Minnesota's climate. Kenny has made a documentary movie about Minnesota's winters, frequently pursues "creative climate science" endeavors, and generally enjoys talking to Minnesotans about their weather. He will lead a discussion with us about what is happening to Minnesota's weather and climate—in particular, what's changing, what's not changing, and what the best available science tells us about the future.

### Let's Go Snowshoeing with Megan & Scott

January 15, 1:30 p.m. at the Flandrau State Park. Winter Blues got you down? There's no better way to test your Minnesotan mettle than to look winter in the eye and 'recreate' despite cold winds and blustery weather! What could be more Minnesotan than that? Join the MN Department of Natural Resources' Naturalist, Scott Kudelka and Regional Ecologist, Megan Benage for a guided snowshoe hike through the quiet woods of Flandrau State Park. Afterwards we'll drink hot chocolate by the fire in the beach house. Cost is free, but a state park pass is required for each vehicle entering the park. Day passes are \$7 and annual passes are \$35. Annual passes get you into ANY state park! Snowshoe rental is available for \$6 per pair.

### Mortuary Science 101 with Eric Warmka

January 21 & 28 at 1:30 p.m. at Minnesota Valley Funeral Home, 218 N Broadway That's right --- come for a fascinating look at the science behind the scenes of a mortuary. The study of the anatomy of the human body is a basic foundation science for pathology, embalming and restorative art. Basic principles of chemistry as they relate to the nature of organic decomposition and embalming chemicals will be presented. The chemical principles and precautions involved in the preservation and disinfection of the dead human body will also be discussed.

#### ▶ AMERICAN SWEDISH INSTITUTE TRIP

JANUARY 8, 8:30 AM, CARPOOL FROM COMMUNITY CENTER TO MPLS

#### ▶ CLIMATOLOGY

JANUARY 10, 1:30 PM, DNR HEADQUARTERS ON BROADWAY SOUTH OF NEW ULM

#### ▶ LET'S GO SNOWSHOEING

JANUARY 15, 1:30 PM, FLANDRAU STATE PARK

#### ▶ MORTUARY SCIENCE 101

JANUARY 21 & 28, 1:30 PM, MVFH, 218 N BROADWAY

#### ▶ BOOK 'IMMORTAL LIFE OF HENRIETTA LACK' JANUARY 24, 1:30 PM, NU LIBRARY

#### ▶ DOCUMENTARY '(MID)WEST OF SOMALIA' JANUARY 29, 1:30 PM, NU LIBRARY

#### ▶ TAPESTRY PROJECT FEBRUARY 5, 11:30 AM, NU COUNTRY CLUB, SALAD & SANDWICH BAR \$12.

#### ▶ CONVERSATIONAL SPANISH

FEBRUARY 4, 11, 18 3:45 PM AT COMM. CENTER

#### ▶ FLOWING THROUGH GRIEF

FEB 26, MARCH 5 & 12, 1:30 PM, COMM CENTER



**Book Discussion of the ‘Immortal Life of Henrietta Lack’ by Rebecca Skloot with New Ulm Med Center’s Dr. Joan Krikava** facilitating and hosted at the **New Ulm Library lower level with Assistant Library Director April Ide at 1:30 pm, January 24.** “Her name was Henrietta Lacks, but scientists know her as HeLa. She was a poor Southern tobacco farmer who worked the same land as her slave ancestors, yet her cells—taken without her knowledge—became one of the most important tools in medicine. The first “immortal” human cells grown in culture, they are still alive today, though she has been dead for more than sixty years. Yet Henrietta Lacks remains virtually unknown, buried in an unmarked grave.” ~ Goodreads.com summary. Pick up a copy of the book or call the NU Library at 507-359-8331 to place a hold on a copy of the book.

## **Screening the Documentary ‘(Mid) West of Somalia’**

**1:30pm January 29, open to all, in the lower level of the New Ulm Library, 17 N Broadway** with Gustavus Adolphus Communications Studies Professor Martin Lang and Noah O’Ryan, co-producer, and a panel of three Somali-Americans for a question and answer session following the film screening. The documentary shares the stories of nine Somali-American men and women who are seeking success in the United States while also searching for a meaningful connection to the new home they’ve built in rural southern Minnesota. Set in Saint Peter and Mankato, the film captures moments ranging from funny to sad, including accidental encounters with forbidden foods and moments where differences in culture, faith, or skin color cause challenges for the new residents. Bring a friend, bring your hospitality and your questions!

## **Golden Age of Radio with Paul Warshauer January 31 and February 7,**

**1:30 p.m. at the Community Center, Room 112.** Join theatre entertainer and educator Paul Warshauer in an exploration of the “Golden Age of Radio.” The Golden Age of American radio period lasted roughly from the early 1930 through the late 1940s, when the medium of commercial broadcast radio grew into the fabric of daily life in the United States, providing news and entertainment to a country struggling with economic depression and war. Radio shows and personalities will be discussed.

## **Tapestry Project Luncheon Presentation with Nancy Altmann**

**February 5, 11:30 a.m. at the NU Country Club with a \$12 optional Salad & Sandwich bar, open to all.** Nancy is from the Minnesota Council of Churches, Refugee Services in Mankato. After lunch, she will speak about the Tapestry Project, started in 2012 as a means to connect new refugee and immigrant families to residents residing in the community along with partner agencies like the Mankato and North Mankato Police Department, Nicollet and Blue Earth Counties and local housing managements. The Tapestry Project continues to weave all people together under the belief that each of us bring value to our community.

## **Conversational Spanish with Kathleen Sullivan**

**February 4, 11, 18, at 3:45 p.m., at the Community Center, Room 112** Use ‘Hola’, ‘Buenas Noches’, and many more basic words and phrases. This will be a *fun introductory* course in conversational Spanish. The objective is to learn basic vocabulary and grammar with an emphasis on the meaningful use of the language and an introduction to Hispanic cultures.

**Flowing Through Grief: Lifeskills for Loss and Change with Life Coach and Occupational Therapist Kinzie Eckstein February 26, March 5 & 12th at 1:30 p.m. at the Community Center, Room 112.** Learn the stages of the grieving process and identify what that means personally. Identify ways to flow through the process of change and loss. Leave with a renewed sense of peace and resiliency to continue on the journey. Kinzie is an expert in Mind Body Medicine, and currently owns her private practice Healing Routines at the WELLness Collective. She has extensive experience leading groups through the topics of grief, healing and coping with change.

**Our Partners at the New Ulm Library are hosting a six-part series this winter. The *Becoming American Documentary and Discussion* series will run Thursdays, February 21 and 28, and March 7, 14, 21, and 28 at 6 p.m. All are welcome.**

*If poor weather conditions are forecast, check the website, look for an email from us and/or phone the office at 507-354-3212 for a recorded message of cancellations.*

**Many thanks to our supporters: The New Ulm Library, ISD 88 Community Education, Turner Hall, State Street Theater, Brown County Historical Society, Martin Luther College, the City of New Ulm for classroom space, Department of Natural Resources and the United Way of the Brown County Area.**

If you Skype or Facetime on a computer or tablet and would like to participate in a class from home, let us know  
CASTLE LIFELONG LEARNING ~ [newulmseniors.org/castle.html](http://newulmseniors.org/castle.html) ~ 507.354.3212.